Kitchen Gardens

with our buddies

Presented by 4B, KP and KC
What is kitchen gardens?

Year 4 and Kindy buddies learning to grow food in the gardens to cook and eat together.
What will you be doing?
Gardening

- Planting
- Mulching
- Watering
- Moving soil
- Weeding
- Composting
- Checking for pests
- Making signs
Cooking

• Making placemats
• Working out kitchen rules
• Harvesting food from the garden
• Chopping vegetables and herbs
• Mixing ingredients
• Cooking on the stove and in the oven
• Eating!
Where are the gardens and kitchen?
What will you be learning about?

• Vegetables, herbs and fruit
• How to grow and care for plants
• Safety in the kitchen
• How to make healthy food from the garden
• Table setting
• How to create compost
Important things to remember...

• Take care of the plants – they need water, nutrients and warmth

• Be sensible in the kitchen - there are lots of hazards such as hot stoves and sharp knives!
Will you enjoy it?

Yes! Our favourite activities were ...
Have fun, 4E, KR and KW!

Don’t forget to tell us about what you have grown and cooked!